FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Washington,	D.C.	20549
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	OMB Number:	3235-0287
	Estimated average burde	n
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and		Reporting Person*						and Ticke us,Inc.			Symbol			Check	all applica		Perso	on(s) to Issu		
SCHRIIS SHAWII 71														X	Director			10% Ov	vner	
(Last)	(F	irst)	(Middle)		3. Date of Earliest Transact					n (Month/Day/Year)			$\dashv$	X	Officer ( below)		T-0	Other (s below)	specify	
100 BENEFITFOCUS WAY						11/10/2010								CEO						
(Street)						4. If Amendment, Date of Original Filed (Month/Day/Year)								6. Individual or Joint/Group Filing (Check Applicable Line)						
CHARLESTON SC 29492														X Form filed by One Reporting Person						
(City)	(S	tate)	(Zip)		-										Form filed by More than One Reporting Person					
				n-Deri	vativ	ω Sα	curi	tios Ac	nuired	l Die	sposed of	f or Rer	neficial	llv (	Jwned					
1 Tide of Co			516 1 - 1 <b>4</b> 0			_			<del>.</del>	i, Dis	<u> </u>			iiy (	5. Amount	t of	6 0	norobin	7. Nature of	
				2. Transaction Date (Month/Day/Year)		ar) E	2A. Deemed Execution Date, if any (Month/Day/Year)		3. Transaction Code (Instr. 8)		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 at			and 5) Securit Benefic Owned			Form: Direct (D) or Indirect (I) (Instr. 4)		Indirect Beneficial Ownership (Instr. 4)	
										v	Amount	unt (A) or Pric			Transaction(s) (Instr. 3 and 4)					
Common S	Stock			11/16	6/2016	5			M		130,000	A	\$7.0	09 2,588,354 D						
Common S	Stock			11/16	5/2016	5			S		84,868	D	\$27.5	8(1)	B <sup>(1)</sup> 2,503,486 D					
			Table II								osed of,			/ O\	vned					
				(e.g.,	puts,	, cal	ls, w	arrants	, optic	ns,	convertib	le secu	rities)							
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	se (Month/Day/Year) if any (Month/Day		Date,		ransaction Derivative ode (Instr. Securities		vative urities uired (A) isposed O) (Instr.	6. Date Expirat (Month	ion Da			ies g Security	Derivative Security		9. Number derivative Securitie: Beneficia Owned Following Reported Transacti	e Owr s Forn ally Dire or Ir g (I) (I	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
													Amount	t		(Instr. 4)				
					Code	v	(A)	(D)	Date Exercis	able	Expiration Date	Title	Number of Share							
Stock Option (Right to Buy)	\$7.09	11/16/2016			M	130,000		(2)		02/20/2017	Common Stock	130,00	00	\$0.00	350,00	00	D			
Performance Restricted Stock Units	(3)								(3)		12/31/2016	Common Stock	9,385	5		9,38	5	D		
Performance Restricted Stock Units	(4)								(4)		12/31/2017	Common Stock	40,00	0		40,00	00	D		

## **Explanation of Responses:**

- 1. This sale was effected to satisfy the reporting person's tax withholding obligation upon the exercise of stock options. This sale was executed in multiple trades at prices ranging from \$27.50 to \$27.85. The price reported in Column 4 is a weighted average price. The reporting person hereby undertakes to provide upon request to the SEC staff, the issuer or a security holder of the issuer full information regarding the number of shares and prices at which the transaction were effected.
- 2. This option is fully vested.
- 3. Each performance restricted stock unit ("PRSU") represents a contingent right to receive one share of Issuer common stock. A percentage of PRSUs will vest upon the achievement of annual revenue goals and non-GAAP net income (loss) goals during the period of January 1, 2016 through December 31, 2016. Vesting of the PRSUs will accelerate upon death or disability in an amount equal to the proportion of days in the performance period worked. Vesting of PRSUs may also accelerate in certain circumstances if there is a change in control of the Issuer during the performance period.
- 4. Each performance restricted stock unit ("PRSU") represents a contingent right to receive one share of Issuer common stock. PRSUs vest upon the achievement of adjusted EBITDA and compounded annual revenue growth rate goals during the period of January 1, 2015 through December 31, 2017. Vesting of the target level PRSUs will accelerate upon death or disability in an amount equal to the proportion of days in the performance period worked. Vesting of target PRSUs may also accelerate in certain circumstances if there is a change in control of the Issuer during the performance period.

## Remarks:

Halle Vakani, Attorney-in-

\*\* Signature of Reporting Person

11/18/2016

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.