FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

	Washingtoi	n, D.C. 20549	
STATEMENT	OF CHANGES	IN BENEFICIAL	OWNERSHIP

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934

					or	Secti	ion 30(n) of the	e Investmer	t Con	npany Act	of 1940							
1. Name and Address of Reporting Person*				2. Issuer Name and Ticker or Trading Symbol Benefitfocus, Inc. [BNFT]									5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner						
(Last) 100 BEN	(F VEFITFOC	•	(Middle)		3. Date of Earliest Transaction (Month/Day/Year) 05/13/2014									X Officer (give title Other (spec below) below) Chief Technology Officer					
(Street) CHARLESTON SC 29492 (City) (State) (Zip)				4. 1	4. If Amendment, Date of Original Filed (Month/Day/Year)									6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person					
		Tab	le I - Nor	า-Deriv	/ative	e Se	curit	ies A	cquired,	Dis	osed o	of, or E	Bene	ficial	ly Owned	d			
Date			Date	2. Transaction Date (Month/Day/Year)		2A. Deemed Execution Date, if any (Month/Day/Year)		e, Transaction Disposed Code (Instr. 5)		rities Acquired (A) or ed Of (D) (Instr. 3, 4 a					6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership (Instr. 4)		
								Code	v	Amount	Amount (A) o		Price	Transac (Instr. 3	ction(s)			(
Common	Common Stock		05/13	13/2014				M		2,10	2,100 A		\$3.5	5 14	1,801		D		
Common	Stock			05/13	3/201	4			S		2,10	0	D	\$33	12	,701		D	
		٦	Гable II -	Deriva (e.g., p	tive :	Sec call	uritie	s Acc	quired, D s, option	ispo	osed of	, or Be	enefi curit	cially	Owned				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution D if any (Month/Day/	Date, Ti	4. Transa Code (8)	action of		Expiration	Date Exercisable and xpiration Date Month/Day/Year)		7. Title and Amo of Securities Underlying Derivative Secu (Instr. 3 and 4)		curity)	8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficiall Owned Following Reported Transactio (Instr. 4)	Ownersl Form: Direct (Dor Indire (I) (Instr.	Ownership	Beneficial Ownership ct (Instr. 4)	
					Code	v	(A)	(D)	Date Exercisable		xpiration ate	Title	or Nu of	ımber					
Stock Option (Right to Buy)	\$3.5	05/13/2014			M			2,100	(1)	17	2/31/2016	Commo Stock		,100	\$0.00	6,300)	D	
Stock Option (Right to Buy)	\$3.09								(1)	03	3/31/2017	Commo Stock		0,000		40,00	0	D	
Stock Option (Right to Buy)	\$3.14								(1)	0	2/01/2018	Commo Stock		1,600		41,60	0	D	
Stock Option (Right to Buy)	\$3.8								(1)	00	5/30/2019	Commo Stock),000		50,00	0	D	
Stock Option (Right to Buy)	\$5.38								(2)	00	5/30/2020	Commo Stock		5,000		35,00	0	D	
Stock Option (Right to Buy)	\$10.3								(3)	10	0/01/2022	Commo Stock		,000		7,000)	D	
Stock Option (Right to Buy)	\$13.53								(4)	0	5/07/2023	Commo		,000		5,000)	D	

Explanation of Responses:

- 2. This option was granted on July 1, 2010 and vests over a four-year period with one-fourth (1/4) of the option granted vesting on July 1, 2011, the first anniversary of the vesting commencement date, and the balance of the option granted vesting ratably on a monthly basis over the following 36 months.
- 3. This option was granted on October 1, 2012 and vests over a four-year period with one-fourth (1/4) of the option granted vesting on October 1, 2013, the first anniversary of the vesting commencement date, and the balance of the option granted vesting ratably on a monthly basis over the following 36 months.
- 4. This option was granted on May 8, 2013 and vests over a four-year period with one-fourth (1/4) of the option granted vesting on May 8, 2014, the first anniversary of the vesting commencement date, and the balance of the option granted vesting ratably on a monthly basis over the following 36 months

Remarks:

/s/ Donald R. Reynolds, Attorney-in-Fact

** Signature of Reporting Person

Date

05/15/2014

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.