FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C.	20549
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Check this box if no longer subject to
Section 16. Form 4 or Form 5
obligations may continue. See
Instruction 1/h)

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

l	OMB APPE	ROVAL						
	OMB Number:	3235-0287						
Estimated average burden								
l	hours per response.	0.5						

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* ALPERN MILTON					2. Issuer Name and Ticker or Trading Symbol Benefitfocus, Inc. [BNFT]										(Ch	eck all applic	cable) or	g Pers	Person(s) to Issuer 10% Owner Other (specify		
(Last) 100 BEN	(Last) (First) (Middle) 100 BENEFITFOCUS WAY					3. Date of Earliest Transaction (Month/Day/Year) 04/01/2014										X Officer (give title Other (specify below) Chief Financial Officer					
(Street) CHARLESTON SC 29492 (City) (State) (Zip)					4. If Amendment, Date of Original Filed (Month/Day/Year)									Line	Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person						
		Tak	le I - Non	-Deriva	tive	e Se	curiti	ies A	cquire	ed, I	Dis	osed	of, o	Ber	eficial	y Owned					
'` ' [Date			2A. Deemed Execution Dat if any (Month/Day/Ye		Code (Ir						d (A) or r. 3, 4 and	Benefici	es ally Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership		
									Cod	de	v	Amoun	t (A) or (D)		Price	Transaci (Instr. 3	tion(s)			(Instr. 4)	
Common Stock (/2014		A			13,15	3,152(1)		\$0.0	0 13	13,152		D				
			Table II - I)	Derivati e.g., pu												Owned					
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution D if any (Month/Day/	Year) 4. Transaction Code (Instr. 8) 4. Transaction of Der Acc (A) Dis of ((Instr. 8)		5. Number 6. of Ex		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amoun of Securities Underlying Derivative Security (Instr. 3 and 4)		Amount	8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficial Owned Following Reported Transactic (Instr. 4)	Ownershi Form: Direct (D) or Indirect (I) (Instr. 4		Beneficial Ownership t (Instr. 4)				
				Co	ode	v	(A)	(D)	Date Exercisa	able		piration te	Title	0	mount r lumber f Shares						
Stock Option (Right to Buy)	\$8.11								(2)		01/	31/2022	Comm		.01,844		201,84	14	D		
Stock Option (Right to Buy)	\$9.33								(3)		06/	30/2022	Comn		12,115		12,115	5	D		
Stock Option (Right to	\$10.3								(4)		09/	30/2022	Comm		2,000		2,000)	D		

Explanation of Responses:

- 1. Represents restricted stock units which vest in four equal annual installments beginning on April 1, 2015, subject to continued employment.
- 2. This option was granted on January 31, 2012 and vests over a four-year period with one-fourth (1/4) of the option granted vesting on January 9, 2013, the first anniversary of the vesting commencement date, and the balance of the option granted vesting ratably on a monthly basis over the following 36 months.
- 3. This option was granted on July 1, 2012 and vests over a four-year period with one-fourth (1/4) of the option granted vesting on January 9, 2013, the first anniversary of the vesting commencement date, and the balance of the option granted vesting ratably on a monthly basis over the following 36 months
- 4. This option was granted on October 1, 2012 and vests over a four-year period with one-fourth (1/4) of the option granted vesting on October 1, 2013, the first anniversary of the vesting commencement date, and the balance of the option granted vesting ratably on a monthly basis over the following 36 months.

Remarks:

/s/ Donald R. Reynolds, 04/03/2014 Attorney-in-Fact

** Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.